



# Development of the Sustainable Cities of the Future

Water/Energy Nexus and International Cooperation

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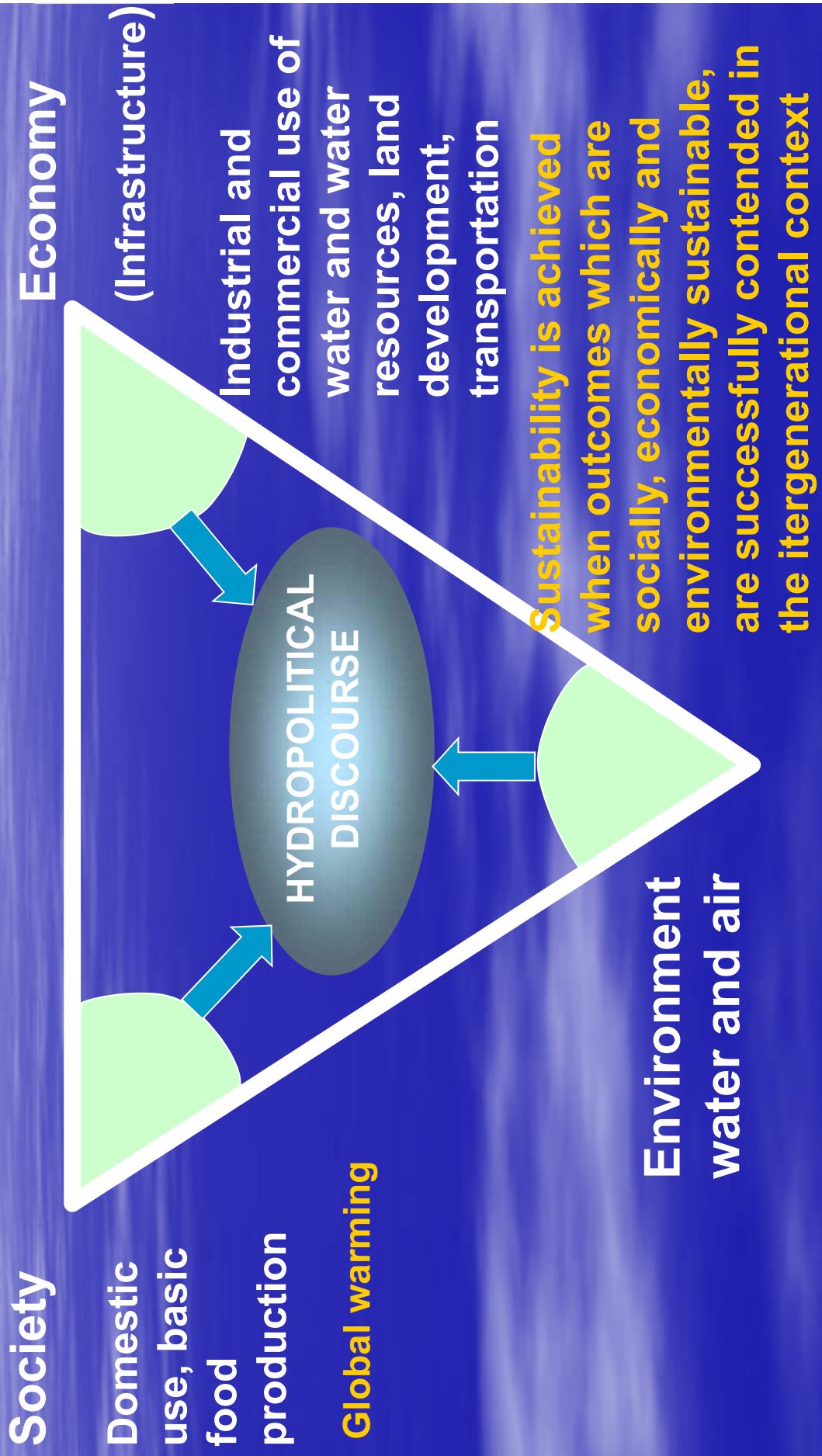
University of Tokyo

© V. Novotny

# Sustainable development

- Defined as one that meets the needs of the present without compromising future generations.
- Urban sustainability is compromised by
  - Population increases and migration
    - In the next 50 years the world population is expected to increase 50% and the US population by 30-40%. The largest increases will occur in urban areas.
  - Unbalanced hydrology
    - Increasing imperviousness of watersheds, more polluted runoff
      - Fast conveyance drainage mostly underground and vulnerable to extreme events
      - Excessive use of water
  - Energy demand and GHG emissions

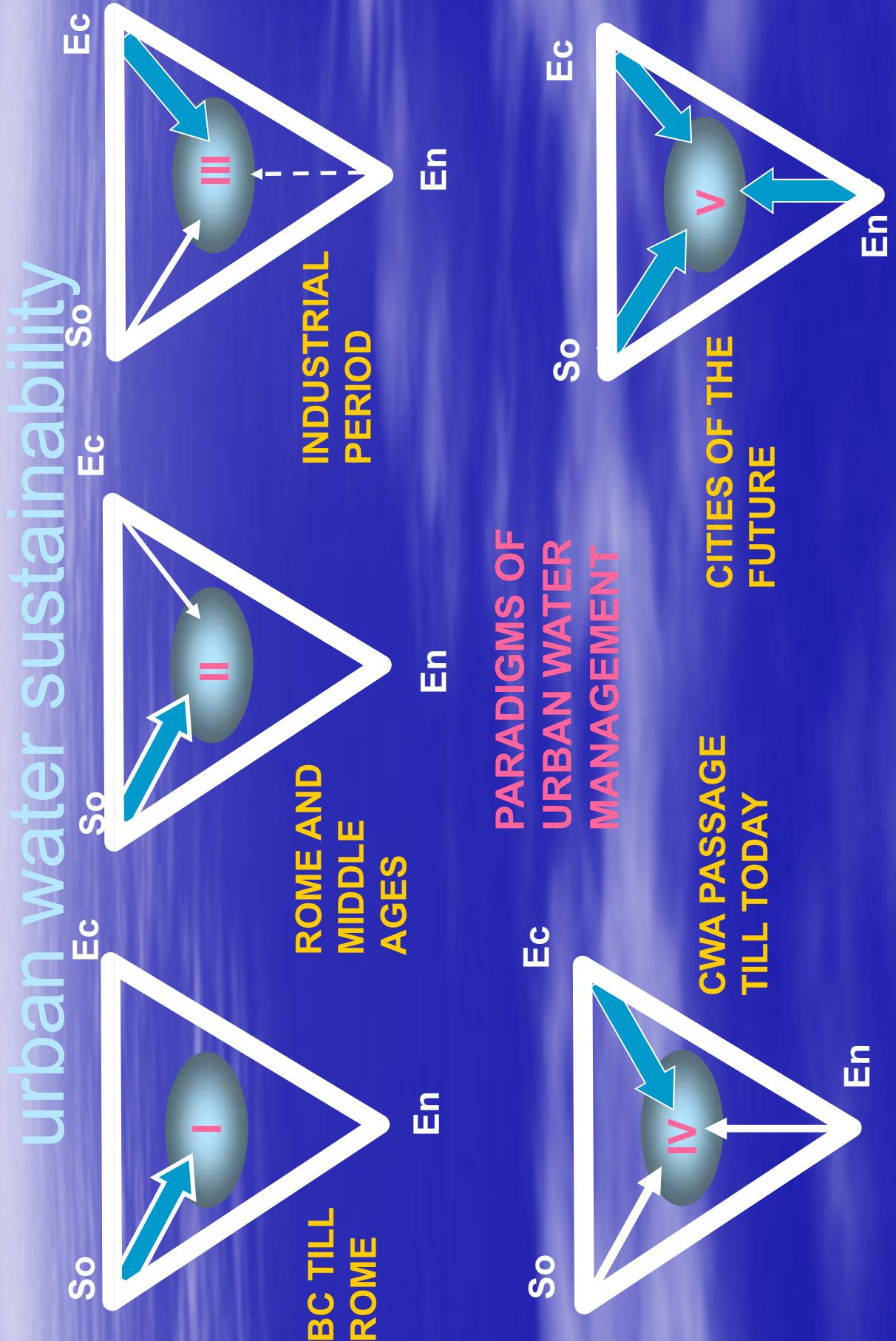
# Trinity of Sustainability



# PARADIGM

- A model and a set of rules how ideas are linked together and form a conceptual framework by which people build and operate the cities and manage their water resources
- It is based on logic, common sense, generational experience, and later, scientific knowledge
- It is derived by a discourse in the political domain; science or good engineering alone may not be the primary determinant of a paradigm
- A wrong or outdated paradigm may persist because of tradition, lack of information about the pros and cons of the outdated paradigm or lack of resources to change it

# Historic changes of the paradigm to urban water sustainability



# First paradigm of urban water/stormwater and used water management



Drainage of Agora in Athens



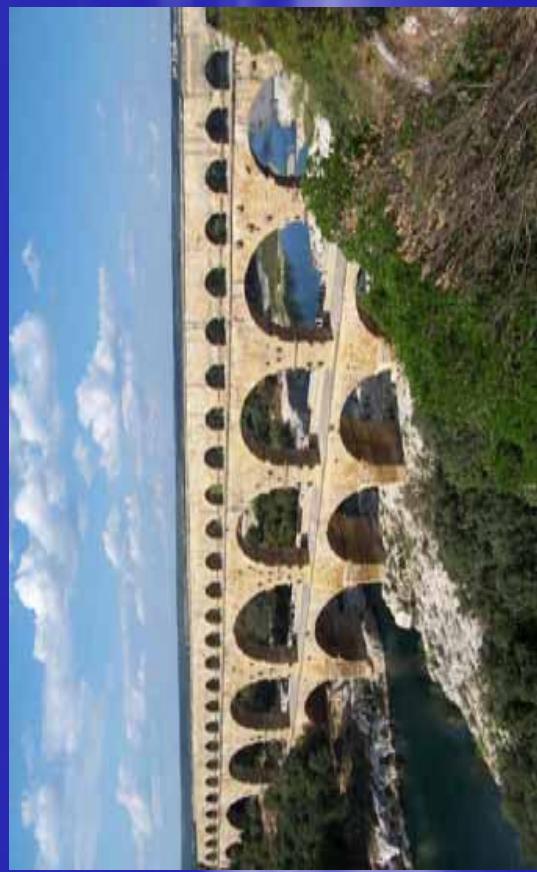
In Pompeii in Italy the street was the drainage

**Wells for water supply , streets for drainage, night soil disposal**

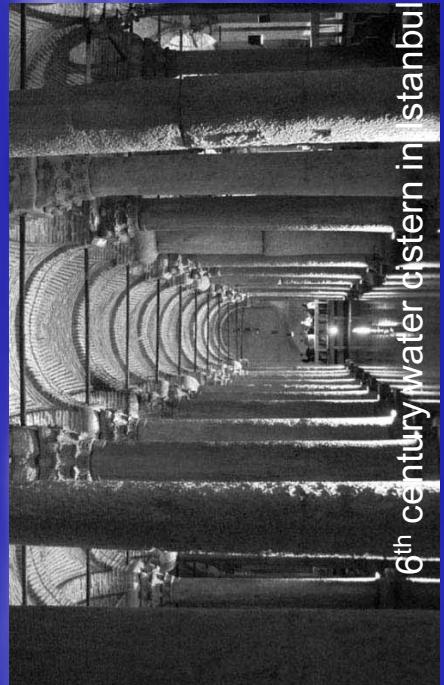
# Paradigm II

- II. Long distance water transfers and storm water with some sewage drained by sewers

Rainwater harvesting and storage has been used for thousands years



Pont du Gard



6<sup>th</sup> century water cistern in Istanbul

# Paradigms of urban drainage have changed over millennia - Paradigm II

Long distance water transfers and storm water with some sewage drained by sewers



Pont du Gard



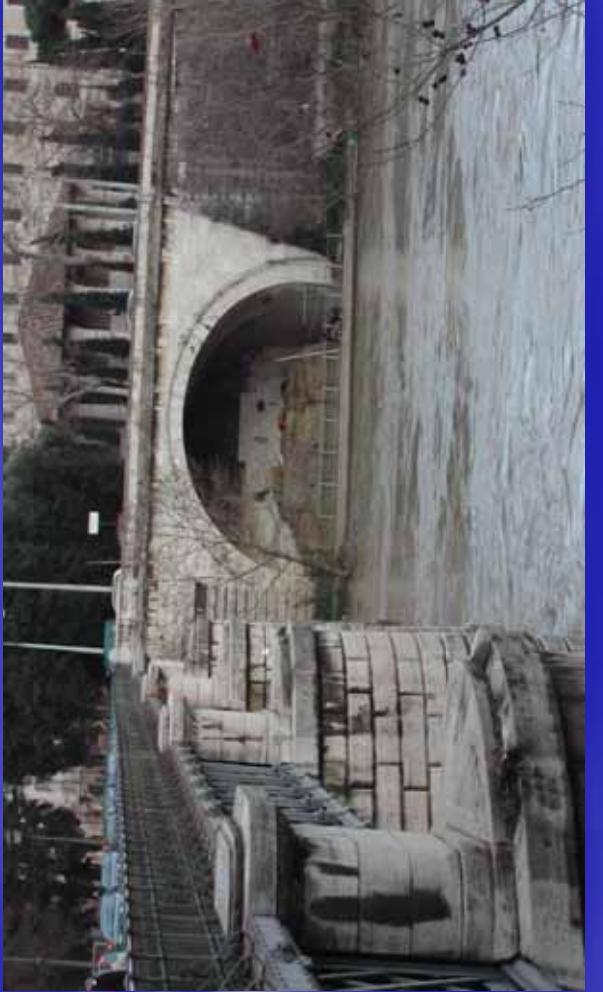
Lead (Rome)  
and wood pipes



Another aqueduct in  
France



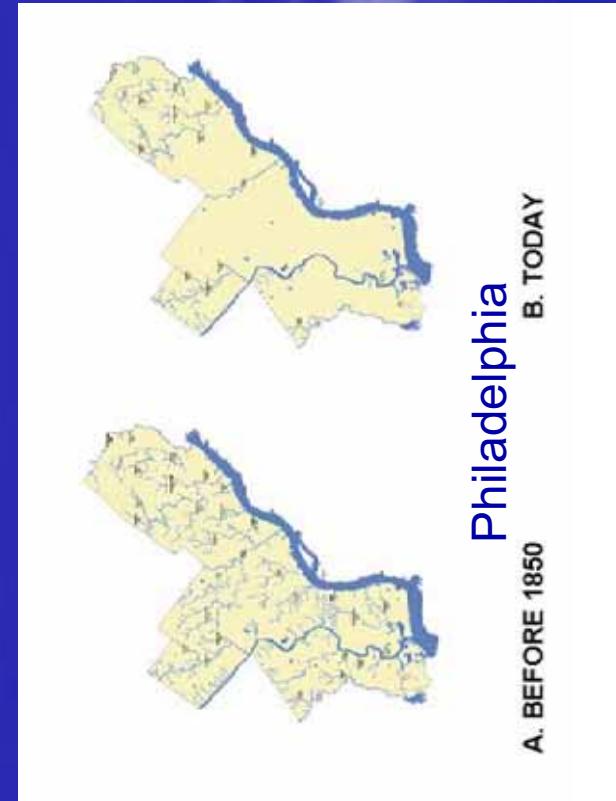
Roman sewer Cloaka  
Maxima



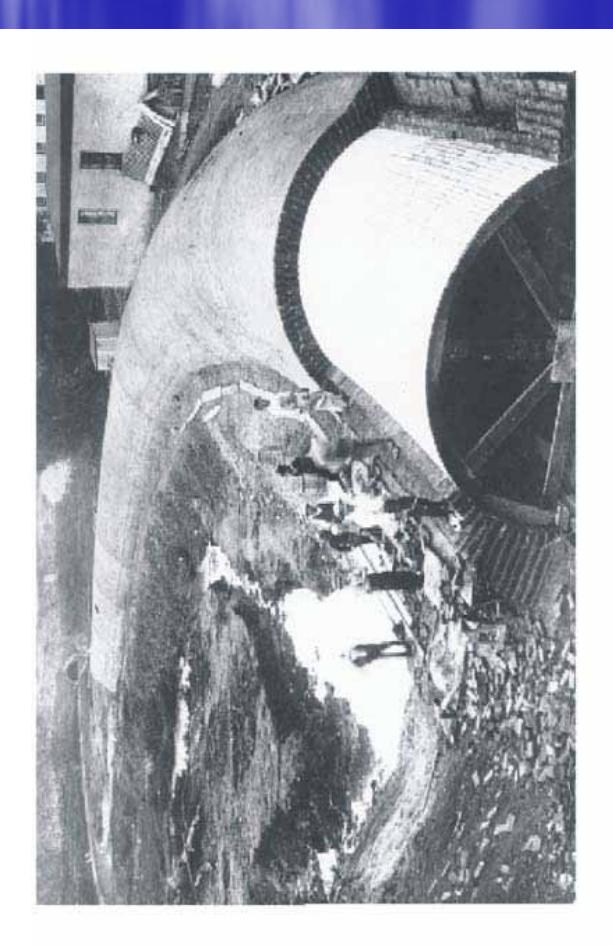
# 3<sup>rd</sup> Paradigm (Industrial age)

- Surface streams disappeared from the surface and were converted to combined sewers

Mill Creek in Philadelphia



Credit Historic Archives of the Philadelphia Water Department

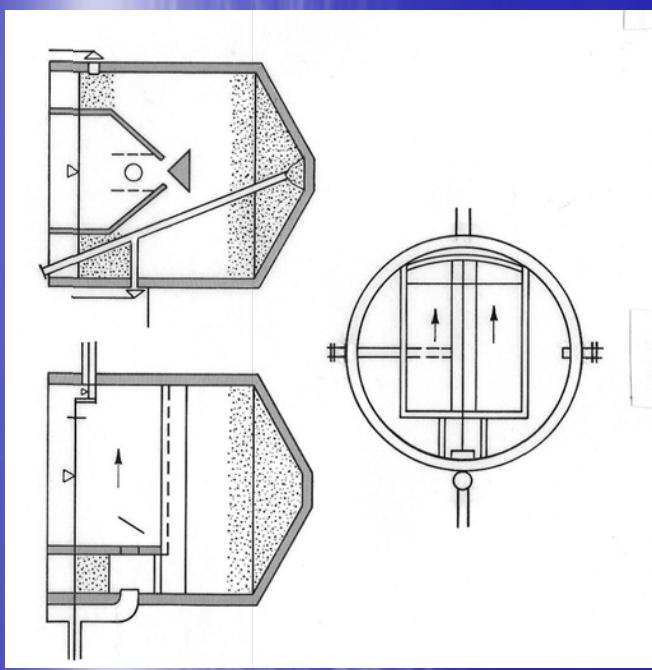




Cuyahoga River in Cleveland on fire



Gulf of Mexico on fire in May 2010



Simple treatment plants  
were built in the first half  
of the 20<sup>th</sup> century

Courtesy Cleveland Press collection at Cleveland  
State University and Iowa DNR

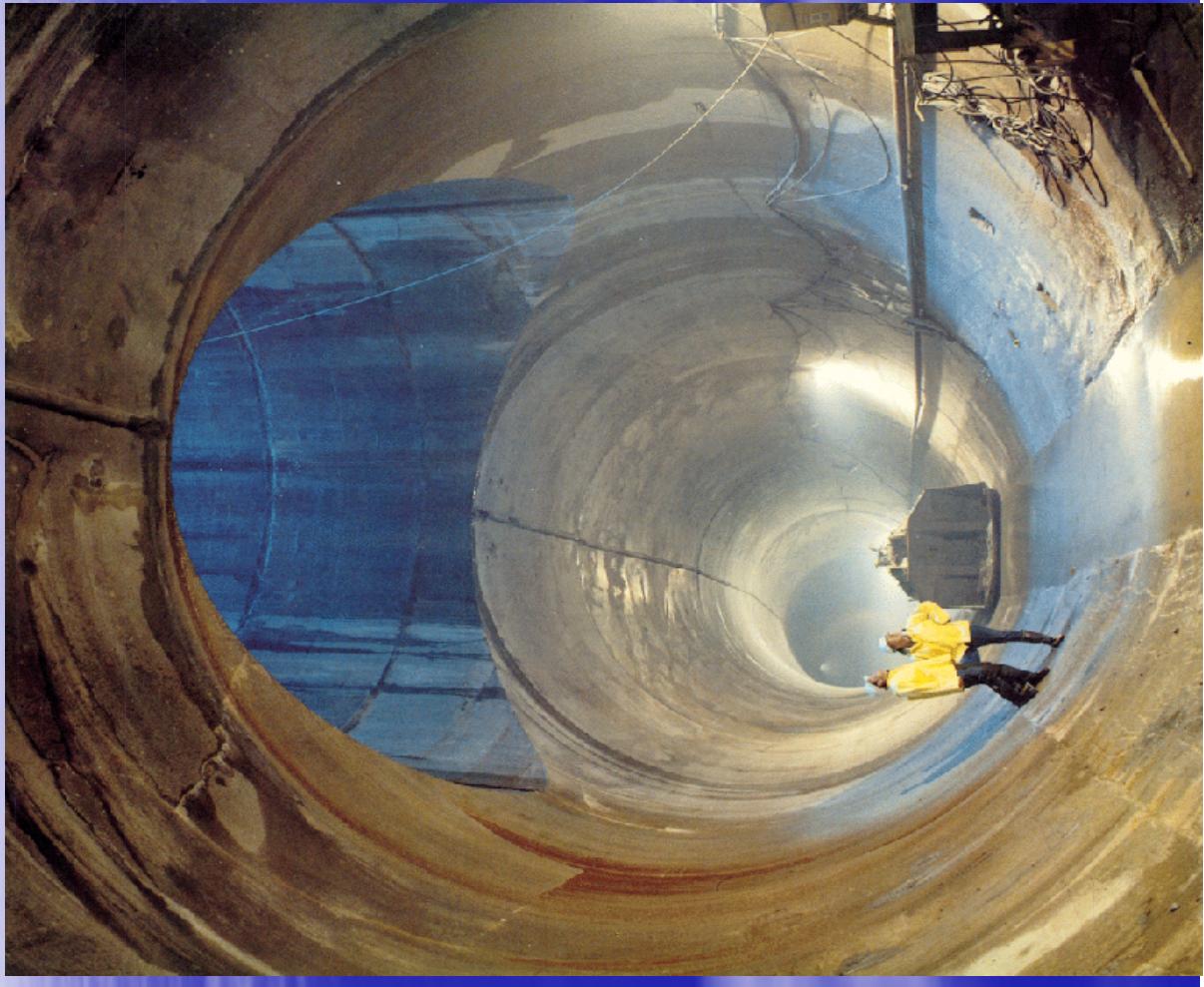
# Paradigm IV

From Clean Water Act Enactment

## Fast conveyance – end-of-pipe treatment

Milwaukee has build 4 million m<sup>3</sup> underground tunnel to store CSOs and by-passes from sanitary sewers. The tunnel reduced the frequency of overflows from about 40/year to 2/year. The target frequency was ordered by a court.

The tunnel was drilled 100 meter below surface in the dolomite formation (soft rock). Wall of the tunnel were grouted by epoxy grout to minimize groundwater infiltration.



3<sup>rd</sup> an 4<sup>th</sup> Paradigm  
resulted in a perfect  
delivery of  
pollutants to  
receiving waters



Milwaukee (WI-US, 1990)



Beijing 2007

# PROBLEMS WITH THE 4<sup>th</sup> PARADIGM

- Natural hydrologic status of urban water bodies and watersheds has been modified by imperviousness, building sewers and stream modifications with the impacts on

- Streams

- Increased high flows (more flooding).
    - Peak flows increase by a factor of 4 to 10
    - Less base flow - not enough base flow to sustain viable fish population
    - Increased variability (flow, temperature, DO)
    - Increased stream bank erosion
  - Groundwater recharge is diminished
    - Effect on foundations (Boston, Venice, Mexico City, Philadelphia)
    - Diminishing groundwater supply
    - Diminish base flow in river
  - The goals of the Clean Water Act and OPL goals cannot be attained using the IV<sup>th</sup> paradigm infrastructure heavy and energy demanding concepts



Wuhan (credit:  
Prof Yin)



Mexico City subsidence

# New Threats to Water Supplies and Ecology

- Hypertrophic water bodies  
(too much nutrient discharge causing extreme algal infestation – algal bloom)
  - Toxins
  - Loss of oxygen and biota
  - Loss of recreation
- New chemicals accumulate in the environment
  - Endocrine disruptors
  - Pharmaceutical
    - Antibiotics
  - Nanoparticles

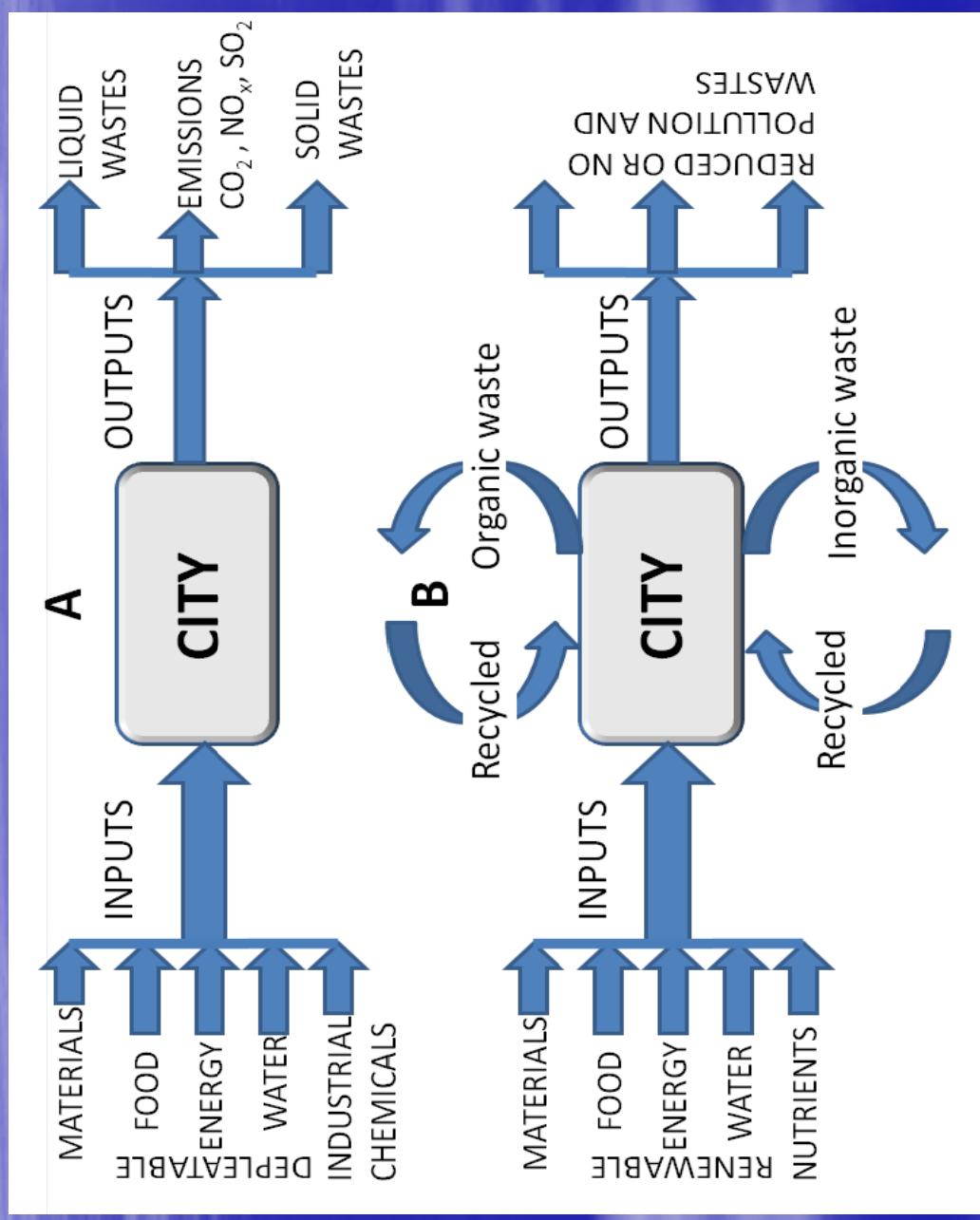


Urban pond in China



Reservoir supplying  
water for Prague

# Urban Metabolism



Linear

A

Cyclic  
or  
Hybrid

B

- Current urban systems are mostly linear
  - Excessive water volumes are withdrawn from mostly distant surface and groundwater sources
    - Inside the community water is used only once and wastefully, e.g., treated drinking water is used in landscape irrigation for growing grass
    - Great losses of water by leaks and evapotranspiration
  - Water is transferred underground to distant large wastewater treatment plants
    - The WTP use a lot of energy and emit carbon and often methane which are green house gases
    - The receiving water bodies become effluent dominated after discharge

# Footprints

- A “footprint” is a quantitative measure showing the appropriation of natural resources by human beings
  - Ecological - a measure of the use of bio-productive space (e.g., hectares (acres) of productive land needed to support life in the cities), including waste assimilation
  - Water - measures the total water use on site and also virtual water (usually expressed per capita)
  - Carbon - is a measure of the impact that human activities have on the environment in terms of the amount of GHG emissions measured in units of carbon dioxide

# Ecological footprint

Year	World Population	Available productive land	Ac/person
1995	< 6 billion	1.5	3.6
2040	10 billion	<<1	2

**Current ecological footprint**

Countries with 1 ha/person or less	Most cities in undeveloped countries
Countries with 2-3 ha/person	Japan and Republic of Korea (democratic)
Countries with 3-4 ha/person	Austria, Belgium, United Kingdom, Denmark, France, Germany, Netherlands, Switzerland
Countries with 4-5 ha/person	Australia, Canada and USA

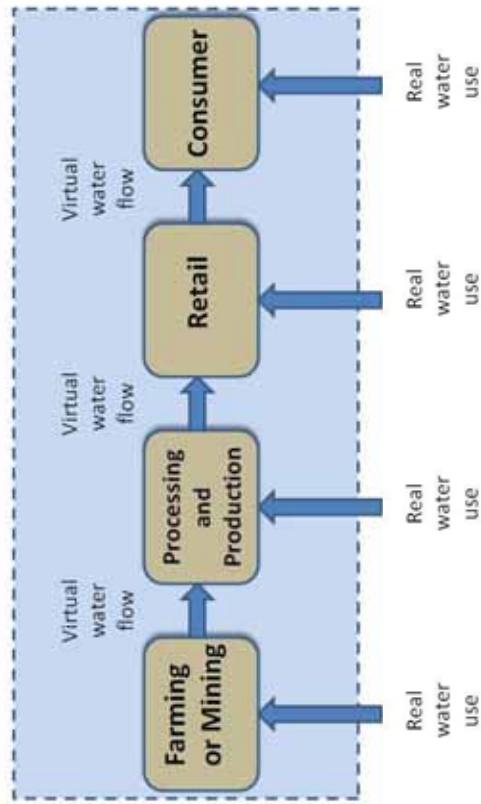
If the cities in the currently rapidly developing countries (China, India, Brazil) try to reach the same resource use as that in developed countries, conflicts may ensue

# Ecological Footprint (Local)

- Urban waterways and impoundments
  - Responsible nutrient management
  - New and traditional toxic pollutants
    - Total Maximum Daily Load Assessment
- Ecological corridors and open space
  - Health and extent of riparian corridors
  - % stream channelization (surface and underground)
  - Connectivity/fragmentation
  - Natural area/person
- Urban hydrology (resilience to extreme events)
  - Frequency and extent of impacts of extreme events
  - Deviation from natural (predevelopment) hydrologic cycle
  - Percent and type of impervious area

# Water footprint

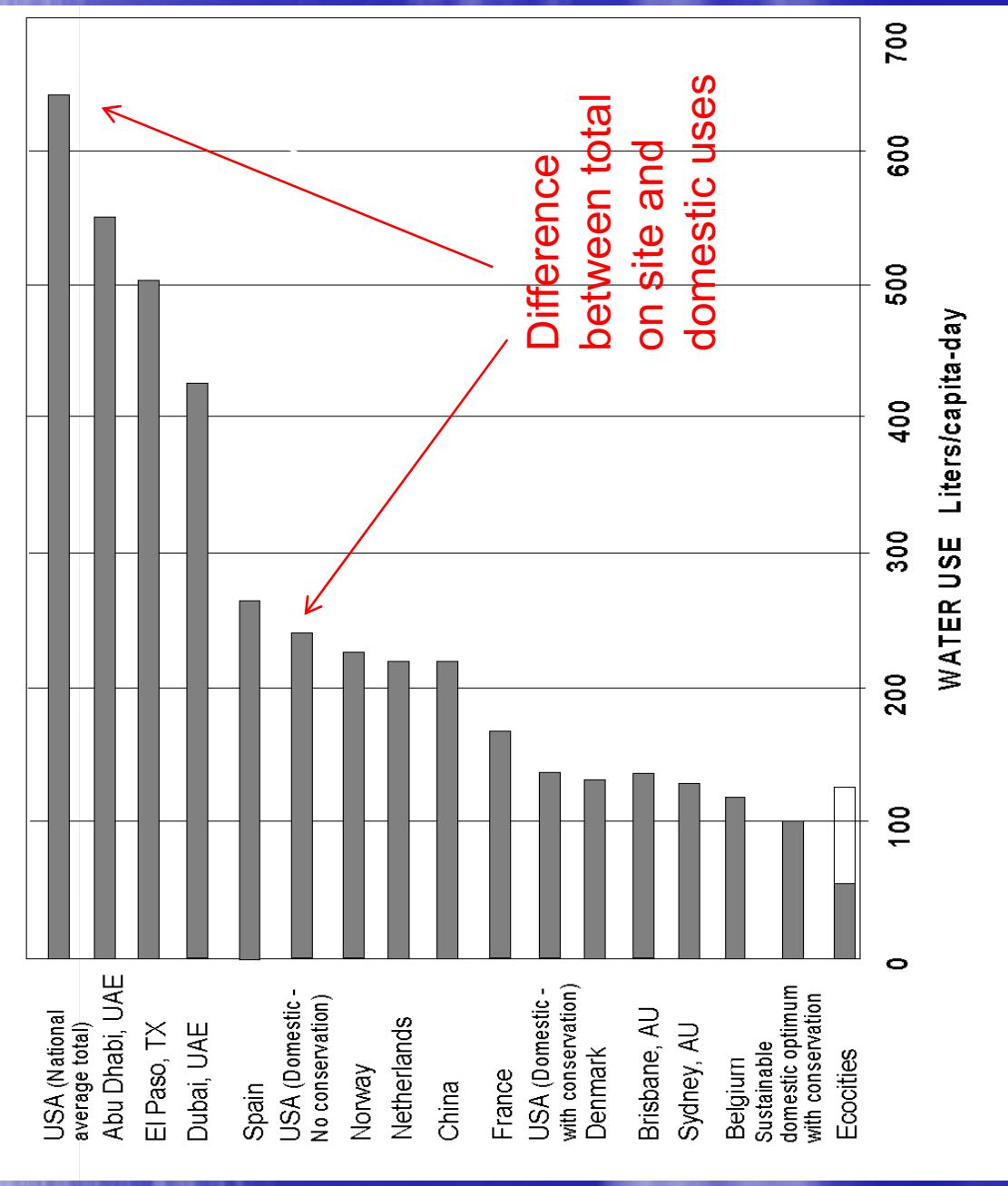
- On-site water use
  - Domestic
    - Indoor
    - Outdoor (irrigation)
  - Commercial
    - Public (fire, parks)
  - Virtual



Source Hoekstra (2008)

- All water used in production in imported food and materials needed in the city

# Water use in some cities



## VIRTUAL WATER

l/cap-day

1928

Food Electricity 53-73

liter/kg

15,500

900

1,000

Beef

Corn

Milk

1 gallon=3.78 liters

1 kg = 2.2 lbs

# GHG (carbon) Emission by Cities

Top ten countries in the CO<sub>2</sub> emissions in tons/person-year in 2006<sup>1</sup>

Qatar	UAE	Kuwait	Bahrain	Aruba	Luxembourg	USA	Australia	Canada	Saudi Arabia
56.2	32.8	31.8	28.8	23.3	22.4	19.1	18.8	17.4	15.8

Selected world cities total emissions of CO<sub>2</sub> equivalent in tons/person-year<sup>2</sup>

Washington DC	Glasgow UK	Toronto CA	Shanghai, China	New York City	Beijing China	London UK	Tokyo Japan	Seoul Korea	Barcelona Spain
19.7	8.4	8.2	8.1	7.1	6.9	6.2	4.8	3.8	3.4

Selected US cities domestic emissions of CO<sub>2</sub> equivalent in tons/person-year<sup>3</sup>

San Diego CA	San Francisco	Boston MA	Portland OR	Chicago IL	Tampa FL	Atlanta GA	Tulsa OK	Austin TX	Memphis TN
7.2	4.5	8.7	8.9	9.3	9.3	10.4	9.9	12.6	11.06

<sup>1</sup>Wikipedia (2009); <sup>2</sup> Dodman (2009) ; <sup>3</sup> Gleaser and Kahn (2008)

<sup>2,3</sup> Values include transportation, heating, and electricity

GHG = Green House Gases (CO<sub>2</sub>, methane, nitrogen oxides and other gases)

# Vision of the Cities of the Future

## Definition/Vision of an Ecocity:

An ecocity is a city or a part thereof that balances social, economic and environmental factors (triple bottom line) to achieve sustainable development. A sustainable city or ecocity is a city designed with consideration of environmental impact, inhabited by people dedicated to minimization of required inputs of energy, water and food, and waste output of heat, air pollution - CO<sub>2</sub>, methane, and water pollution. Ideally, a sustainable city powers itself with renewable sources of energy, creates the smallest possible ecological footprint, and produces the lowest quantity of pollution possible. It also uses land efficiently; composts used materials, recycle or convert waste-to-energy. If such practices are adapted, overall contribution of the city to climate change will be none or minimal below the resiliency threshold. Urban (green) infrastructure, resilient and hydrologically and ecologically functioning landscape, and water resources will constitute one system

Adapted from R. Register UC-Berkeley

# Driving Forces towards Sustainability

- Increasing water scarcity, excessive flooding and conversion into effluent dominated waters will require management of the total urban water hydrological cycle and decentralization of the urban sewerage
- Goals of achieving good ecological status and integrity are mandated by Clean Water Act in US and Water Framework Directive in EU and desired by public
- Limits have been reached and something has to be done
- Cities are rapidly expanding and new large cities have to be built to accommodate population growth and movement from rural to urban areas
- Severe problems with global warming caused by GHG emissions are expected and will ensue unless something is done globally

# Towards closed or hybrid metabolism by resource recovery and conservation

- Water conservation and reclamation and reuse of used water
- Energy use savings and reclamation from various sources, such as heat, electricity, methane recovery from wastewater and organic wastes, and renewable wind, solar, and geothermal power sources
- Recycling of organic solid waste (sludge, vegetation, food waste, etc.)
  - power generation by incineration, methane biogas and hydrogen production, considering also carbon sequestering
  - Recycled products (paper, cardboard, construction materials)
- Recycling of inorganic waste from metal, asphalt, glass, insulation, and construction materials

# What is a Water Centric Ecocity?

- Water conservation
- Distributed stormwater management (surface)
- Distributed water treatment
- Heat and energy recovery
- Organic solids management for energy recovery
- Source separation
- Nutrient recovery
- **Also**
- Water reclamation and reuse in buildings, irrigation and for ecological stream flow
- Infiltration and repair of hydrology
- Stream restoration – multi-functional water bodies are a life line of the ecocity
- Renewable energy source (solar, wind, hydropower)
- Sustainable low carbon traffic emissions
- Recreation, walking, biking
- Suburban organic agriculture

# Microscale Assessment

- Microscale (buildings, neighborhoods, subdivision

- Leadership in Energy and Environmental Design – LEED

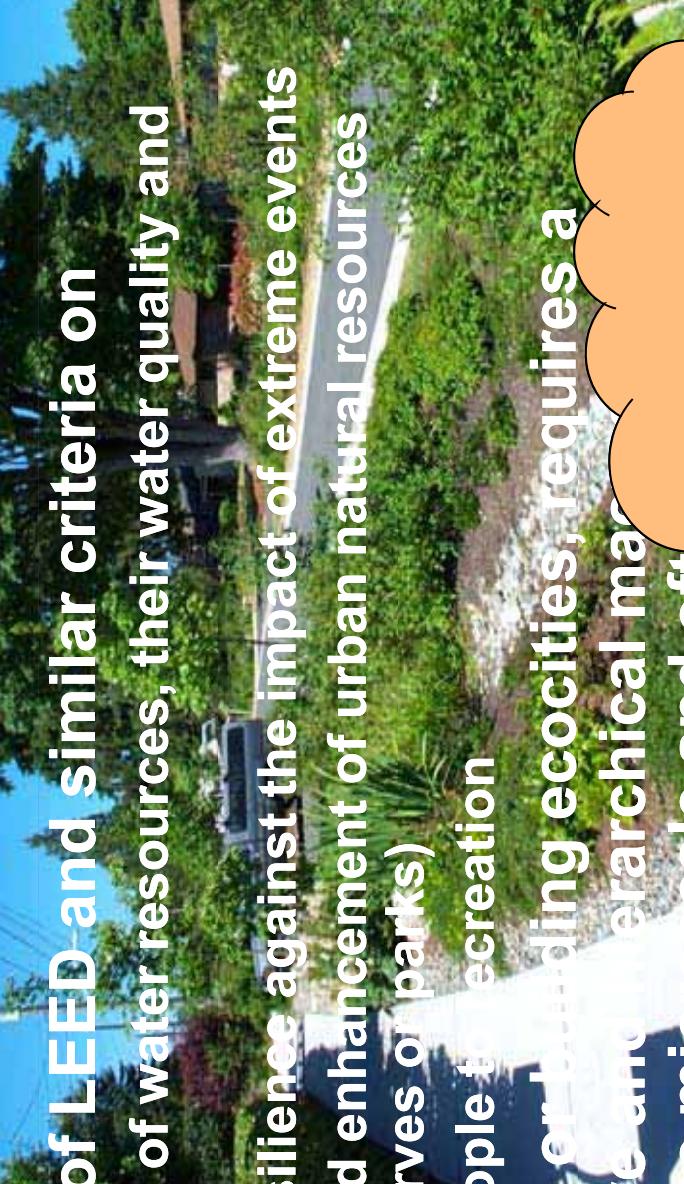
- Sustainability of the site – smart location
  - Green design
  - Energy efficiency
  - Indoor environmental quality
  - Innovation and design
  - Neighborhood patterns, etc.



- Low Impact Development (LID)

- Capture, storage and infiltration of precipitation, mimicking predevelopment hydrology

# Missing link in the assessment

- 
- Fuzzy impact of LEED and similar criteria on
    - Sustainability of water resources, their water quality and integrity
    - Improving resilience against the impact of extreme events
    - Protection and enhancement of urban natural resources (nature preserves or parks)
    - Access of people to recreation
  - Conversion to or building ecocities, requires a comprehensive and hierarchical macroapproach to the microscale and often piecemeal transformation
  - Sustainability means that future of city retrofits address the societal, environmental and economic concerns and goals
- Low density subdivisions**

# CITY OF THE FUTURE

BUILDINGS AND “NEIGHBORHOODS” CONFORMING  
TO LEED CRITERIA COULD

## POTENTIAL PROBLEM

LEED promotes reduction emission  
but criteria is implicitly focused on  
small buildings (which represent less  
than 15% of the Total LEED index scale)  
thus carbon emission controls are  
implicitly considered



Courtesy Aquatex, Victoria, British Columbia

# One Planet Living (WWF)

- zero net carbon emissions- 100% of the energy from renewable resources;
- zero solid waste
- sustainable transportation with zero carbon emission in the city;
- local and sustainable materials used throughout the construction;
- sustainable foods, outlets providing organic and or fair trade products;
- 50% reduction in water use from the national average; natural habitat and wildlife protection and preservation;
- preservation of local culture and heritage;
- equity and fair trade with wages and working conditions;
- health and happiness for every demographic group.

# Best Management Practices are an integral part of the COFs



## Green Roofs

Save energy and  
store water

## Raingardens

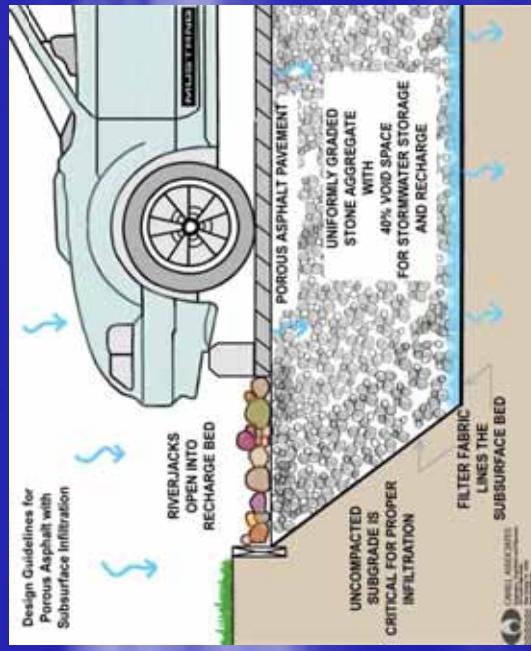
Infiltrate and  
treat runoff

## Porous pavement

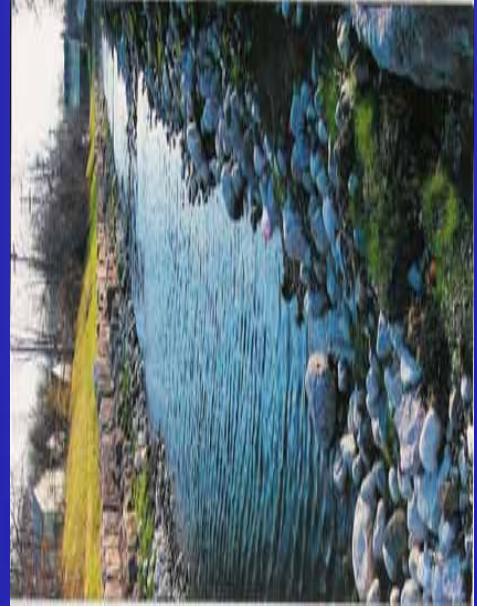
Infiltrate, store  
and treat runoff

## Ponds and wetlands

Store, treat and  
infiltrate runoff



# Urban water body restoration and daylighting is important

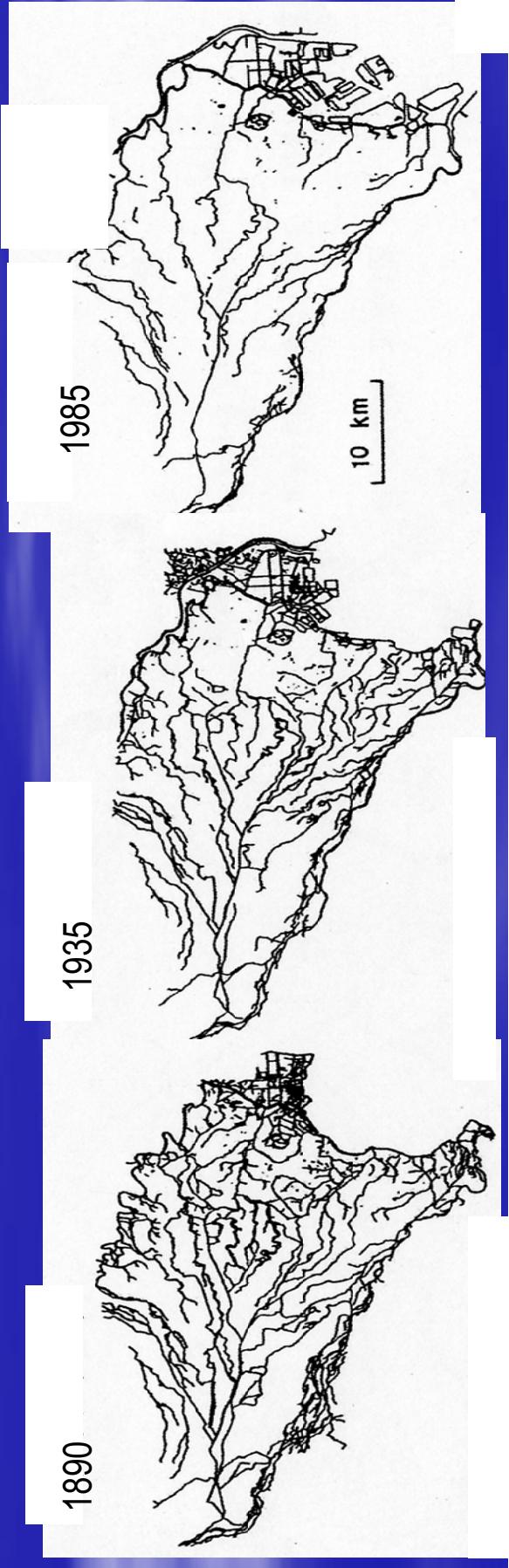


Lincoln Creek in Milwaukee    Zhuan River in Beijing

Kallong River in Singapore

# DAYLIGHTING

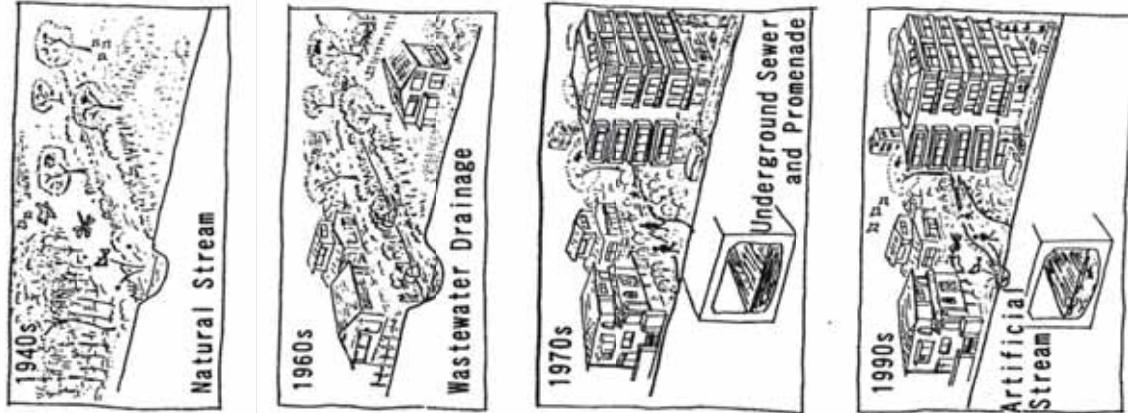
- With the high degree of treatment required in the new cities it does not make sense to use sewers for conveyance; they were invented and used for conveyance of highly polluted urban wastewater and urban runoff
- Streams covered, converted to culverts or combined sewers can be brought to the surface
  - A new stream can be recreated in a place where the old stream is irreversibly lost



# KITAZAWA STREAM IN TOKYO

- Flow in the “upper” stream is provided by a highly treated effluent from a nearby treatment plant

- Fish is living in the stream and looks healthy



The history of Kitazawa Stream

# CheonggyeCheon (Seoul, KR)



Benefits + + +

City revitalization, Aesthetic

Flood control, Ecology

Sustainability -

No water reclamation, water is pumped from a larger river downstream, carbon negative

# Under the new paradigm there is no waste – new sustainability terminology

- Waste water → Used water
- Treated wastewater that meets standards for discharge into receiving waters and other nonpotable uses → **Reclaimed water**
- Reclaimed water treated to potable water quality for reuse in buildings→ **NEWater (Singapore terminology)**
- Waster water treatment plant with recovery of biogas, energy, nutrients, etc. → **Integrated resource recovery facility**

# Rainwater harvesting requires minimum energy

Roof rainwater  
collecting tank in  
Orange District in  
Australia



# Decentralized Management Clusters and Ecoblocks

- A cluster (Ecoblock) is a semiautonomous part of the city that, for most part, has its own water/stormwater/wastewater management
  - Cluster may range in size from a high-rise building to a subdivision or a section of the city with thousands of inhabitants
  - Cluster infrastructure
    - Distributes water and practices water conservation and reuse
    - Implements energy saving in buildings (e.g., green roofs, solar energy)
  - Provides stormwater conveyance (mostly surface), storage and infiltration (groundwater recharge) and nature mimicking BMPs
  - Water reclamation units (high efficiency WWTP)
    - Energy recovery from wastewater
  - Centralized or distributed biogas/Energy recovery
  - Ecologically and hydrologically functioning landscape
- Clusters are interconnected for increased resiliency

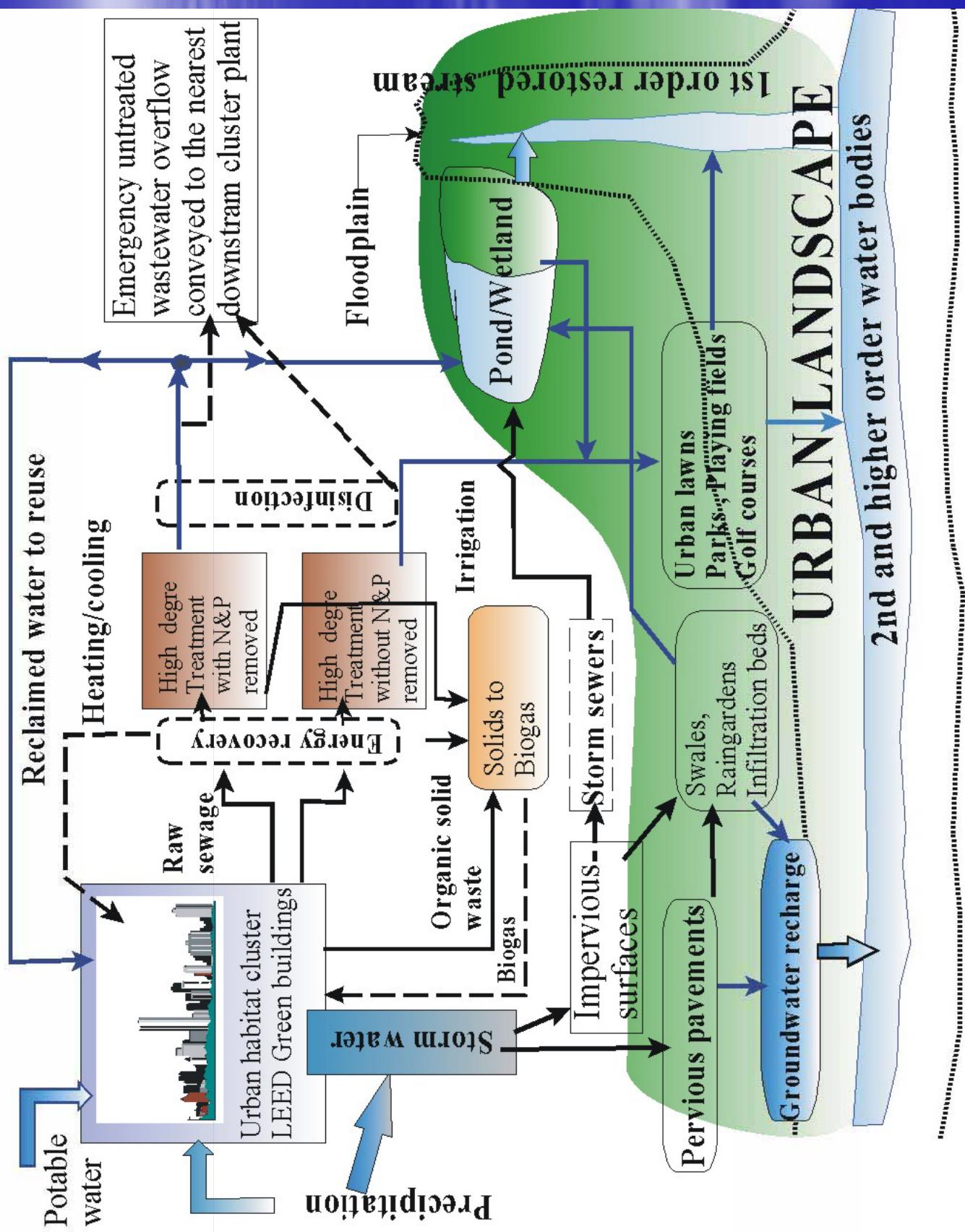
# A water reclamation plant does not have to be far from the community

Distributed (cluster) water reclamation plants are needed to provide water for on-site uses such as

- toilets
- irrigation
- ecological flow to restored and recreated streams

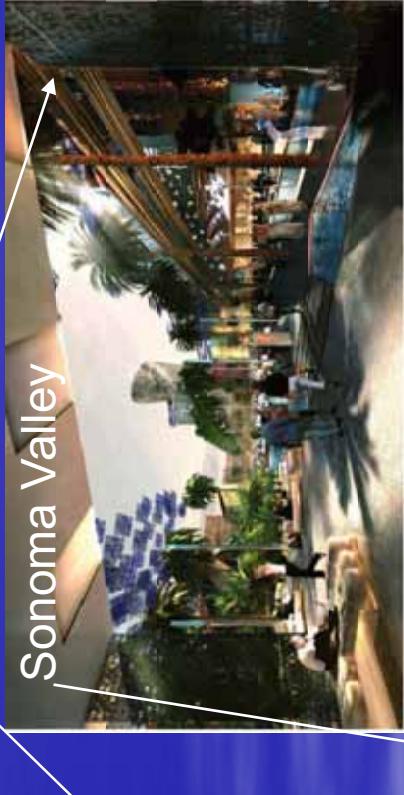


Courtesy AquaTex, Victoria, BC



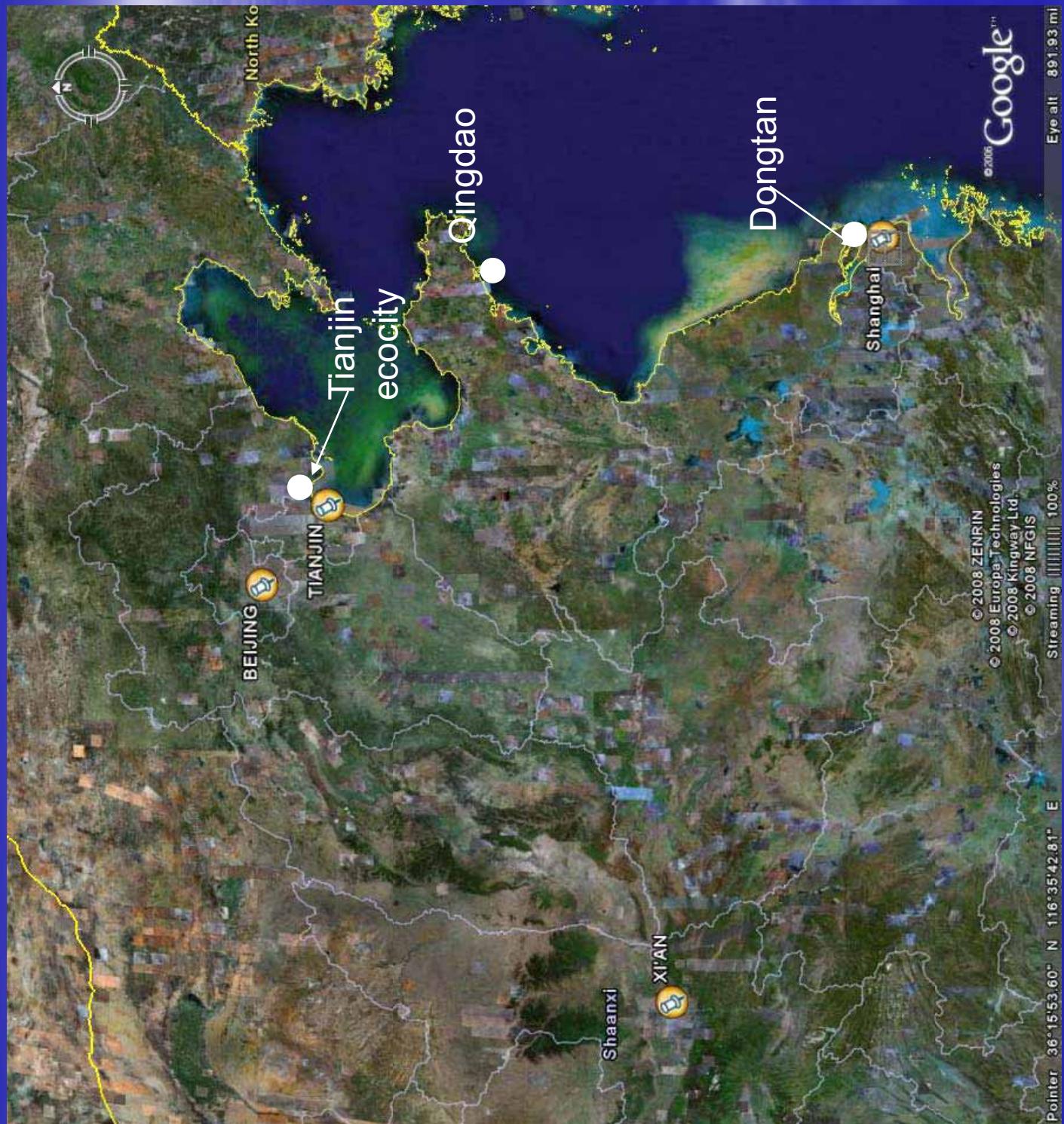
# Seven Ecocities Review

Hammarby Sjöstad  
Dongtan  
Qingdao  
Tianjin  
Masdar  
Treasure Island



# Wasser Gefüllt Hameln





# Dongtan



Venice-type ecocity on Yangtze River

Water centric

British (Arup and  
Chinese Cooperation

# QINGDAO (China) Ecoblock



Size 3.5 ha

1530-1800 pop

Treatment  
wetland

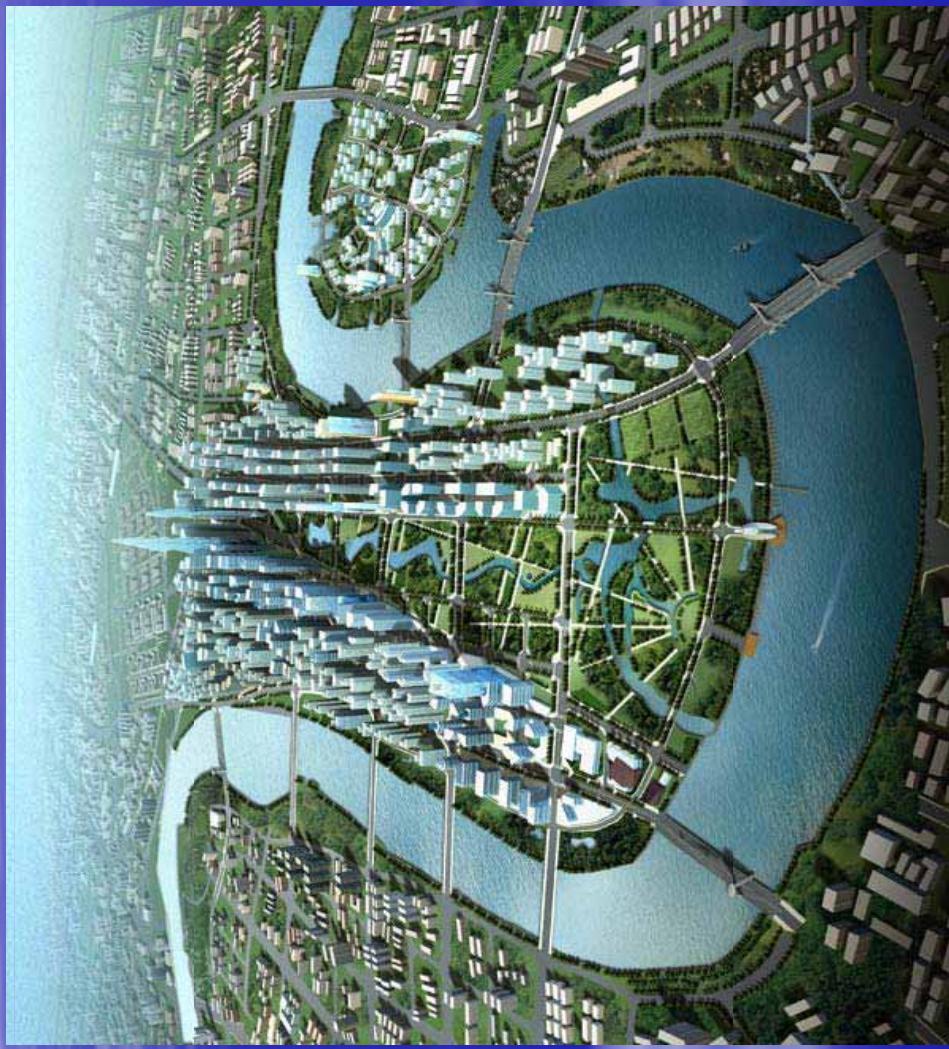
Cooperation  
Veolia (France),  
University of  
California  
China

# Surface flow wetland



Source Harrison Fraker and ARUP 600 units on 2.7 ha (6.5 acres)

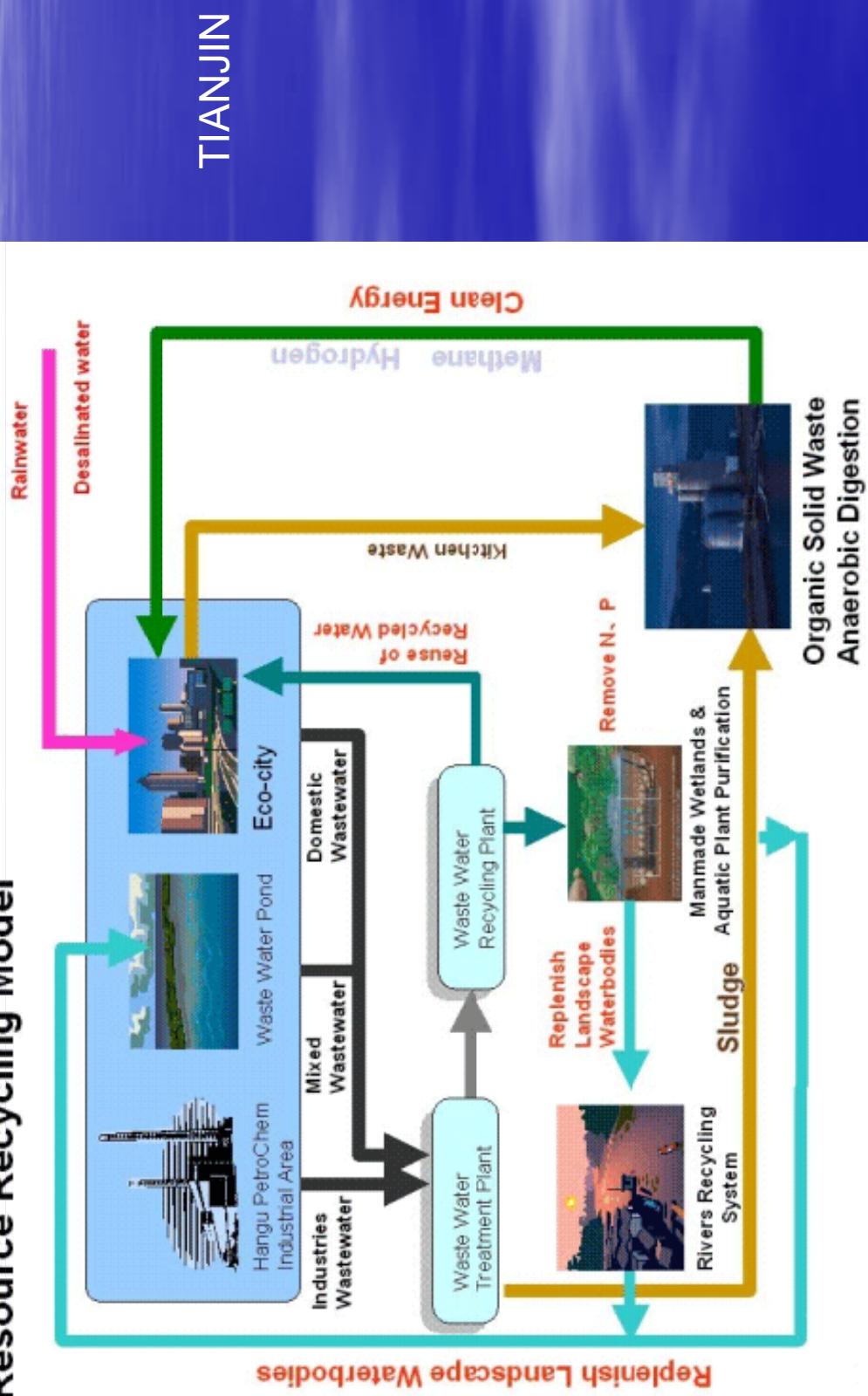
# Sino-Singapore Ecocity Tianjin



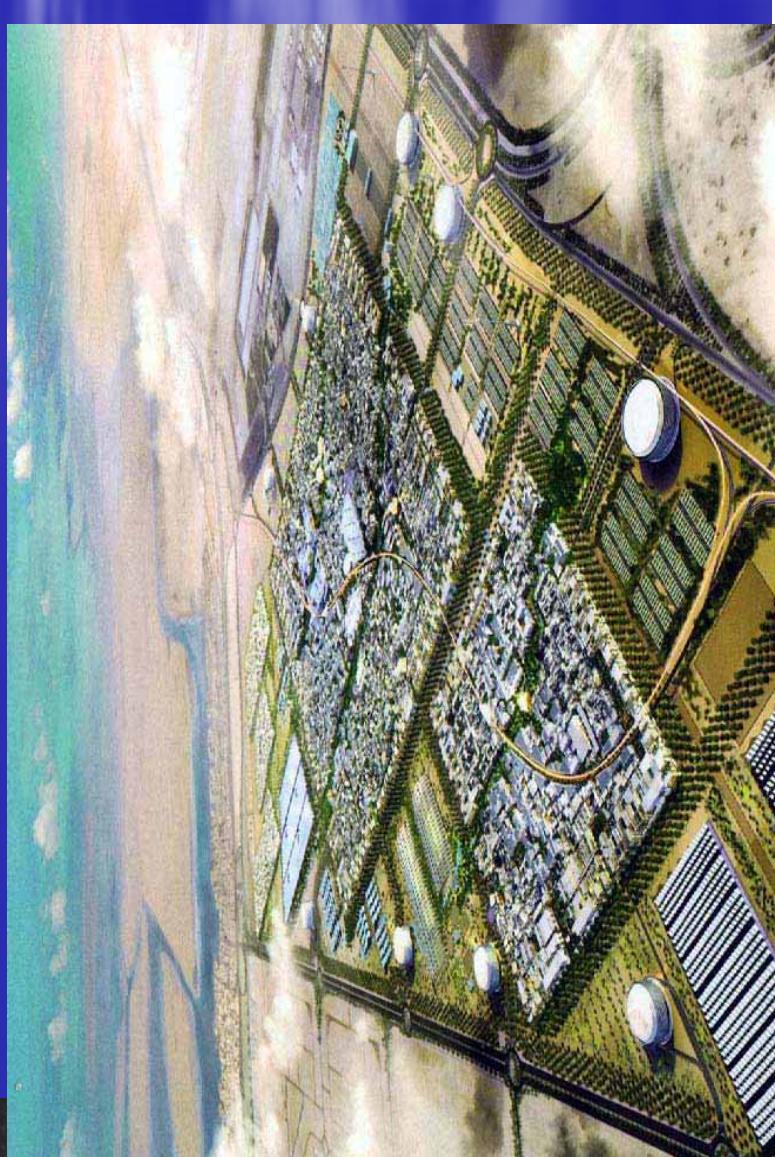
Cooperation:  
Singapore  
US (CH2M-Hill)  
Germany (Atelier Drtiseitl)  
China

# Recycling - Reuse

## Resource Recycling Model



# Masdar (UAE)



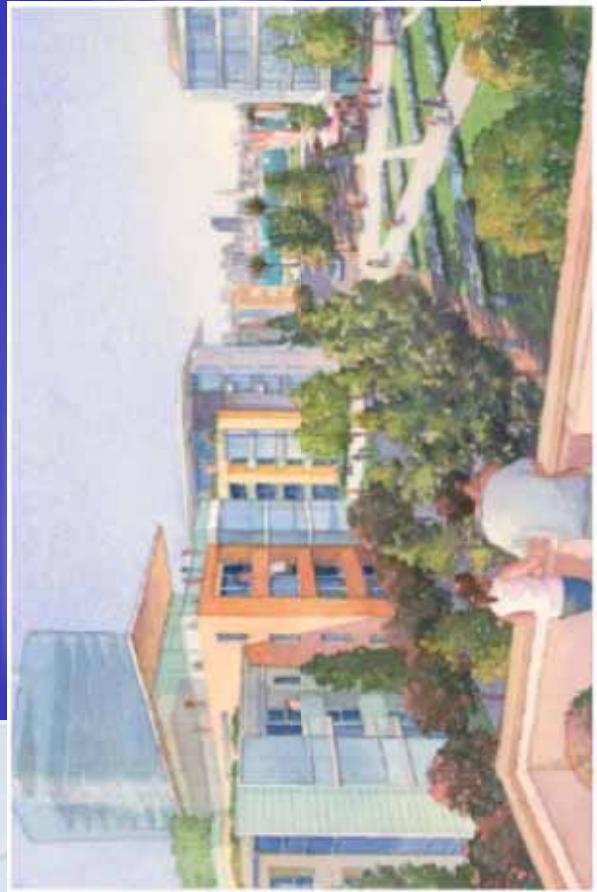
Cooperation:

UK – Foster and Associates  
USA – CH2M-Hill  
United Arab Emirates

Siemens

Courtesy: Masdar Development Corporation/CH2M-HILL

# Treasure Island (CA)



Location  
San Francisco Bay, California  
Developer City of San Francisco

# Sonoma Mountain Village (CA)

**What have we learned?**

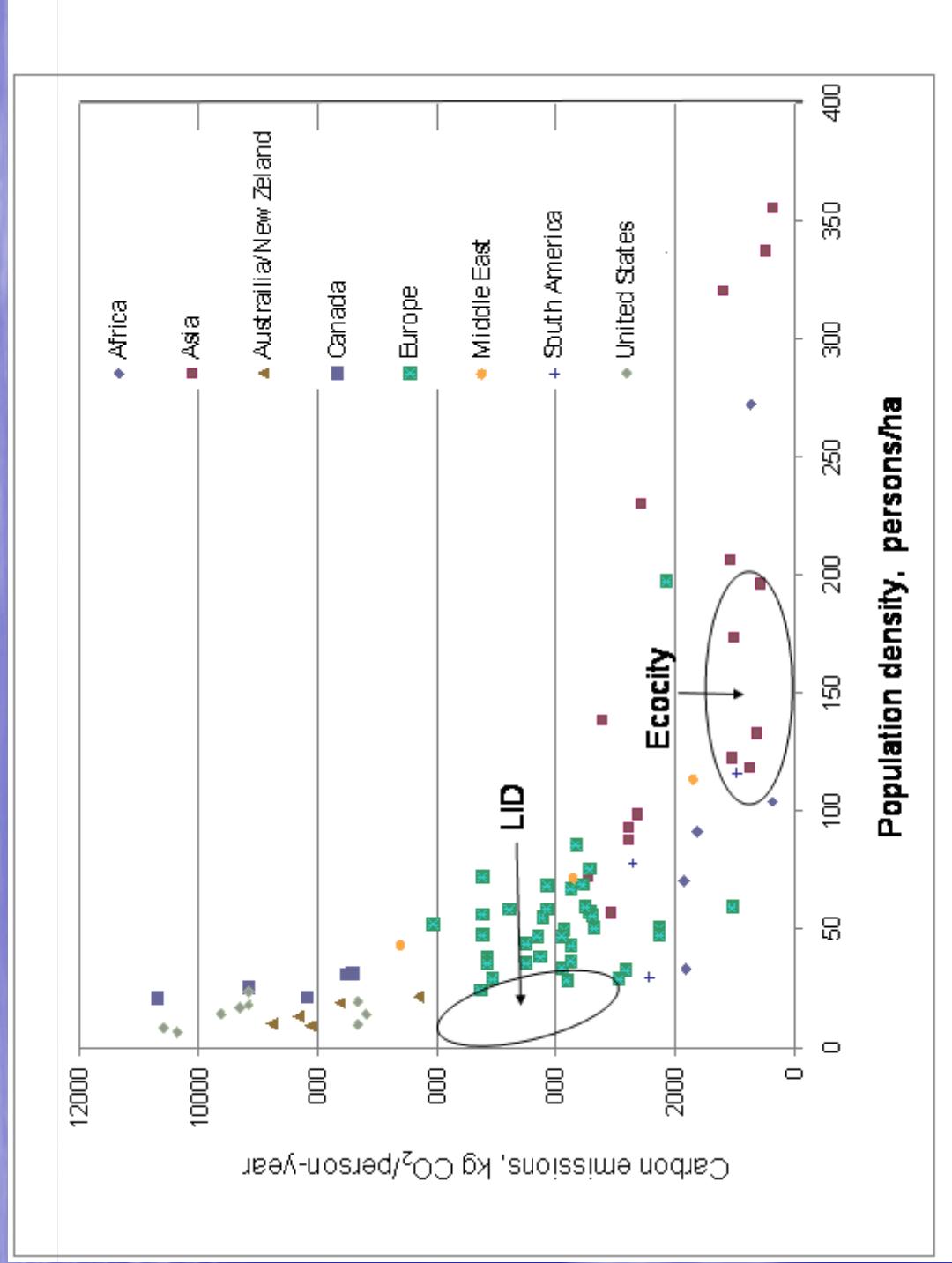


Courtesy: Sonoma Mountain  
Village - SOMO

City	Population Total	Population Density #/ha	Water use L/cap-day	% water recycle	Water System	% Energy savings renewable	Green area m <sup>2</sup> /cap	Cost US\$/unit*
Hammarby Sjöstad	30,000	133	100	0	Linear	50	40	200,000
Dongtan	500,000 (80,000) <sup>++</sup>	160	200	43	Linear	100	100	~40,000
Qingdao	1500+	430 - 515	160	85	Closed loop	100	~15	?
Tianjin	350,000 (50,000) <sup>++</sup>	117	160	60	Partially closed	15	15	60,000 – 70,000
Masdar	50,000	135	160	80	Closed loop	100	<10	1 million
Treasure Island	13,500	170	264	25	Mostly Linear	60	75	550,000
Sonoma Valley	5,000	62	185	22	Linear	100	20	525,000

+ ecoblock only, an ecocity may consist of many interconnected ecoblcks

# Population density matters

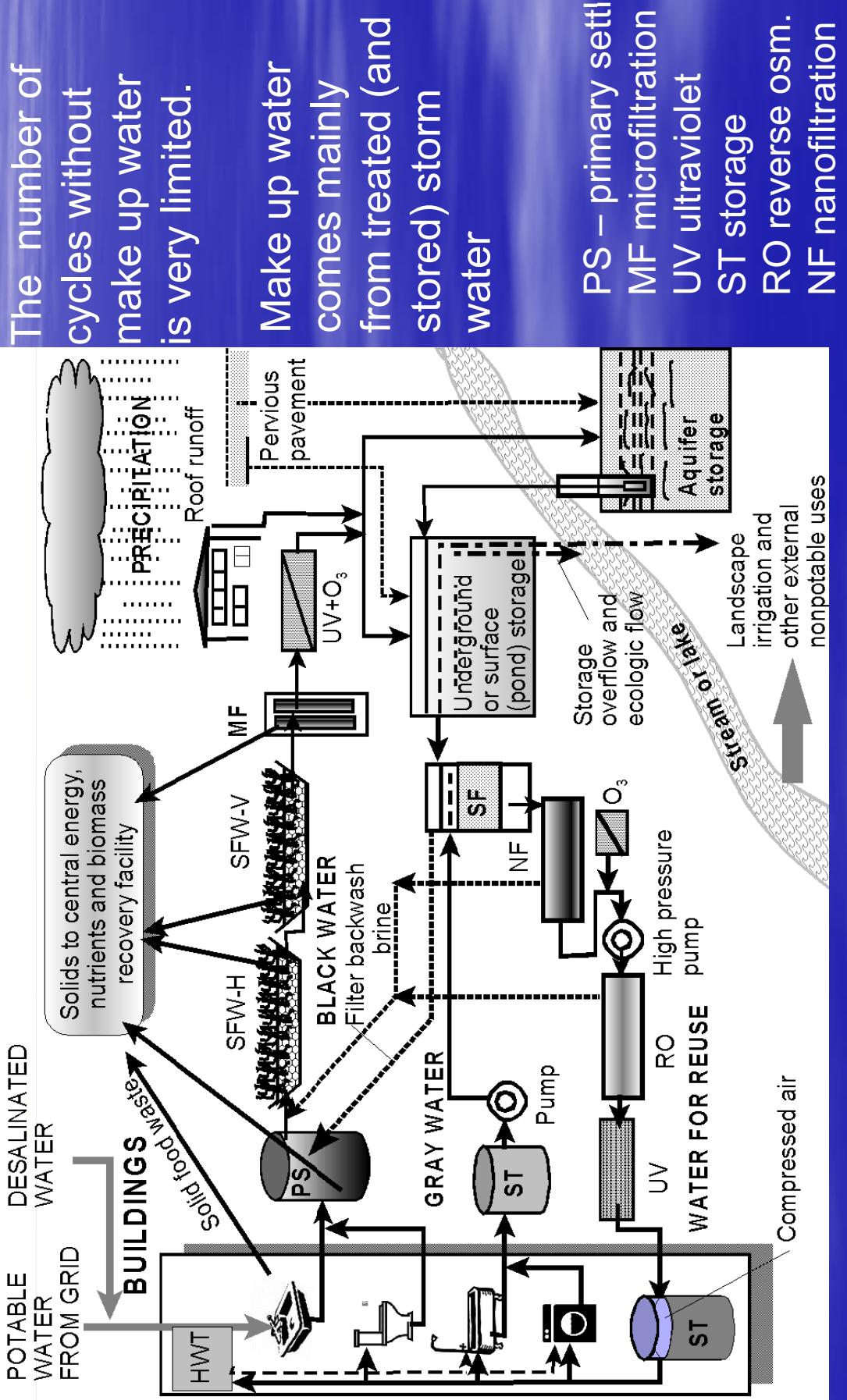


Difficult to compare US cities with Asian Cities or countries with different economic levels

Based on Newman and various other sources

Qingdao

# Qingdao - The cycles need urban runoff





Reverse  
osmosis



UV radiation

# REUSE

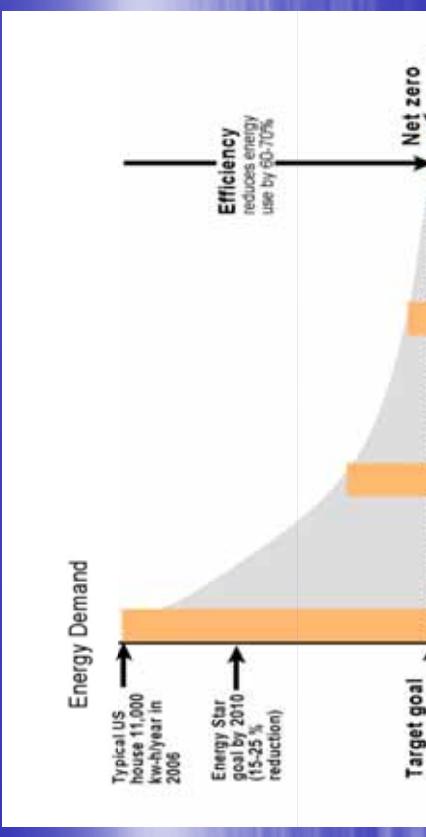
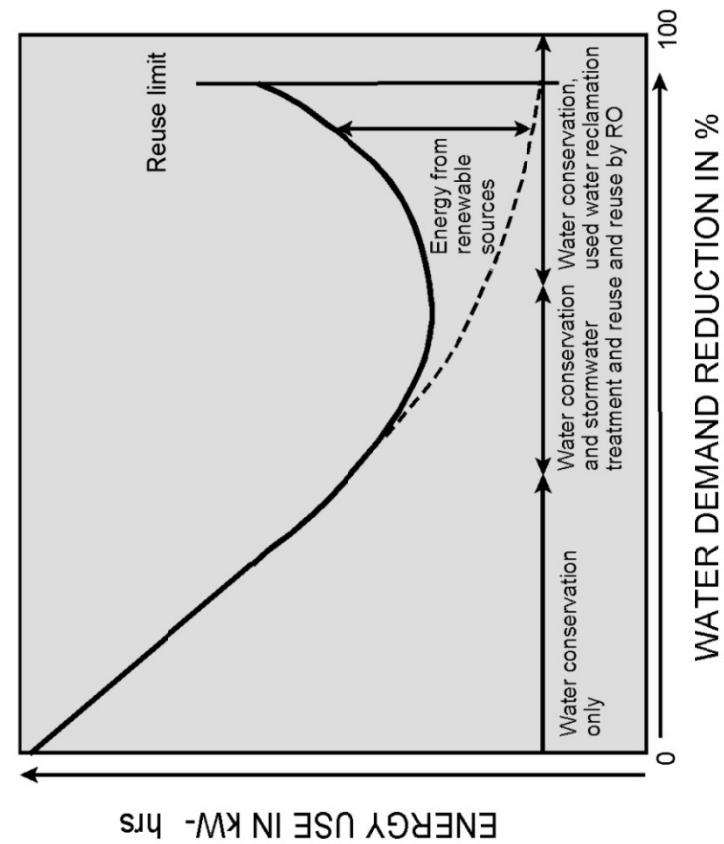
Energy demanding



Microfiltration

# Water Energy Nexus

## How to get to net zero energy



National Science & Technology  
Council (2008) of the US  
President

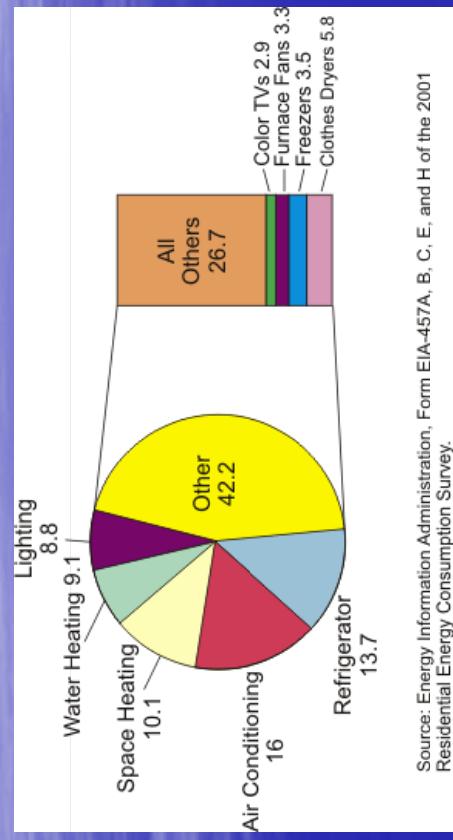
Energy delivered from the grid  
 $1 \text{ kW}\cdot\text{hr} = 0.6 \text{ kg CO}_2 \text{ emissions}$

# Indoor and outdoor water use in a single family home in 12 monitored cities in North America

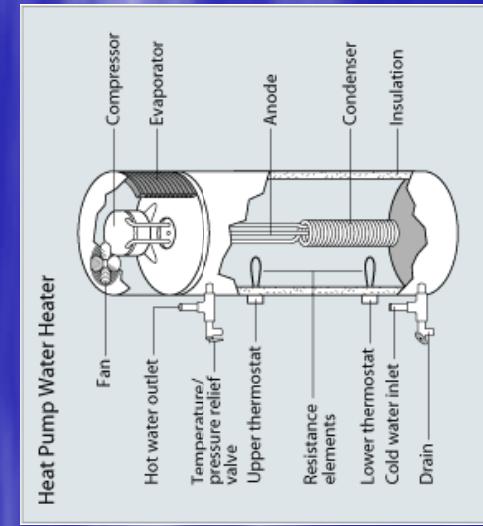
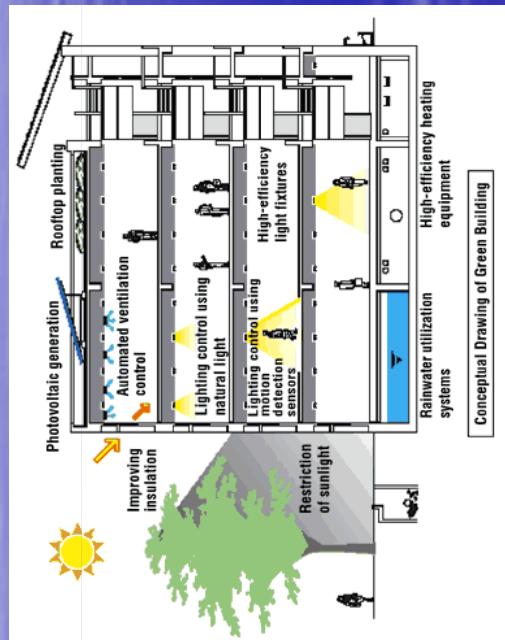
Water use	Without water conservation*		With water conservation	
	Liter/cap-day	Percent	Liter/cap-day	Percent
Faucets	35	14.7	35	25.8
Drinking and cooling	3.6	1.2	2.0	1.5
Showerheads and Bath and Hot Tubs	42	17.8	21	15.4
Laundry	54	22.6	40	29.1
Dish washers	5.0	2.0	3.0	2.2
Toilets	63	26.4	14	10.3
Leaks	30	12.6	15	11.0
Total Indoor	238	100	136	100
Outdoor	313	132	60**	44
Total	551	232	196	144

AWWA RF (1999); Heaney, Wright and Sample (2000) and Asano et al. (2007) \*\* Converting from lawn to xeriscape.

# Domestic energy savings



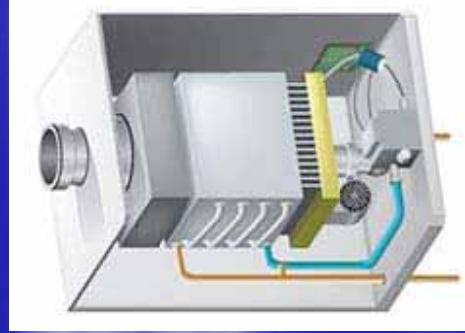
## Passive energy savings



## Heat pump

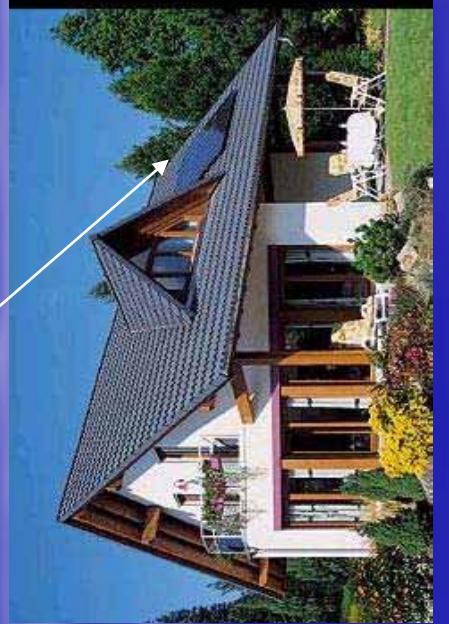
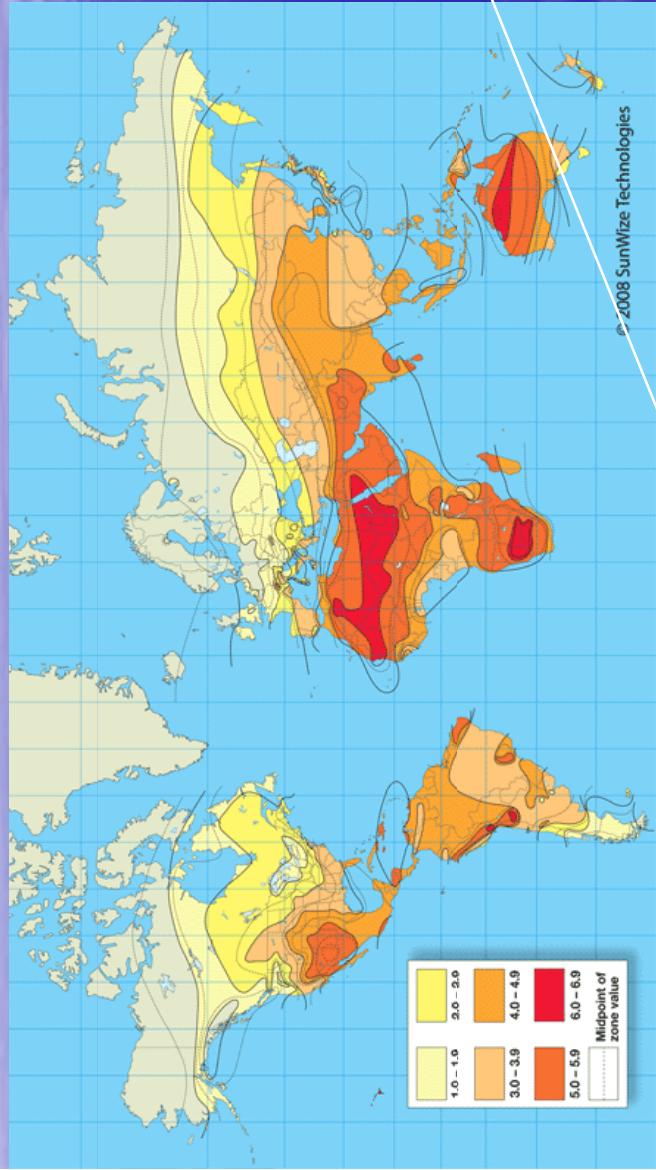
\* Air to air

## Tankless water heaters

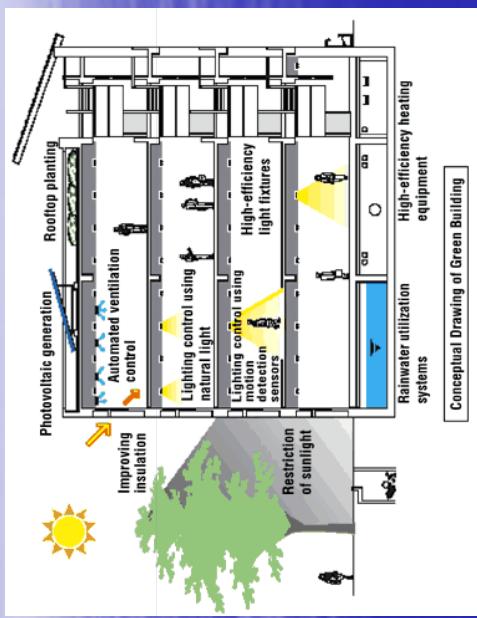


- Water to water
- Ground to water

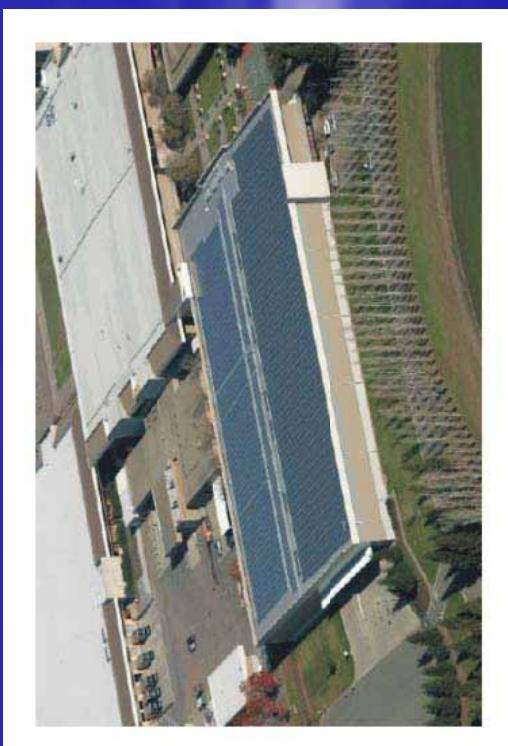
# Solar energy



# 30 % from Renewable Energy



Passive energy sources



1.4. MW Voltaics array in Sonoma County



Wind turbines

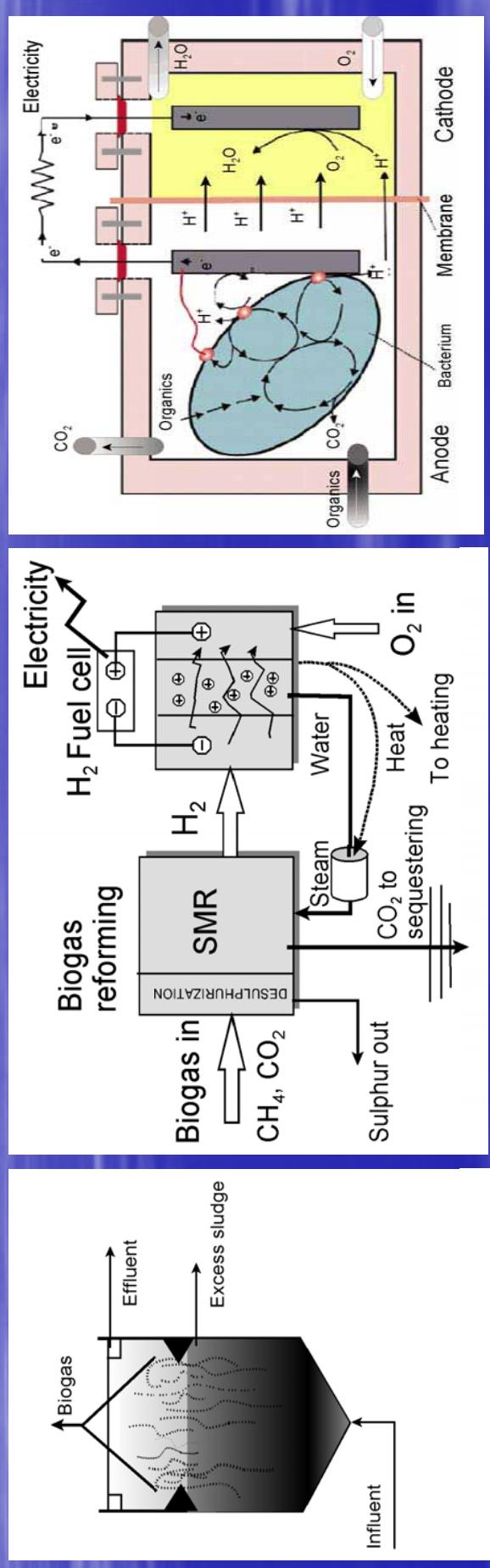
# Energy from used water



- Heat recovered by heat pumps
- Biogas from anaerobic processes
  - Digester
  - Upflow anaerobic sludge blanket reactor
- Hydrogen fuel cell
- Microbial fuel cell

Types of gas	Biogas 1 Househol d waste	Biogas 2 Agrifood industry	Natural gas
Composition	60% CH <sub>4</sub> 33 % CO <sub>2</sub> 1% N <sub>2</sub> 0% O <sub>2</sub> 6% H <sub>2</sub> O	68% CH <sub>4</sub> 26 % CO <sub>2</sub> 1% N <sub>2</sub> 0% O <sub>2</sub> 5 % H <sub>2</sub> O	97.0% CH <sub>4</sub> 2.2% CO <sub>2</sub> 0.4% N <sub>2</sub> 0.4 % other
Energy content kWh/m <sup>3</sup>	6.1	7.5	11.3

# Examples of new technologies



**Microbial fuel cell (Logan 2008)**

- Convert organic biomass directly into electricity or hydrogen

**Hydrogen fuel cell with biogas reforming**

- Converts methane into hydrogen and electricity
  - Greater efficiency than methane combustion
- SMR = Steam methane reforming

**UASB Reactor**

- 0.4 L  $CH_4/g$  COD removed
- 9.2 kW-hr/m<sup>3</sup> of methane

# Hydrogen Fuel Cell

Installed in Glashusett  
in Hammarby Sjöstad

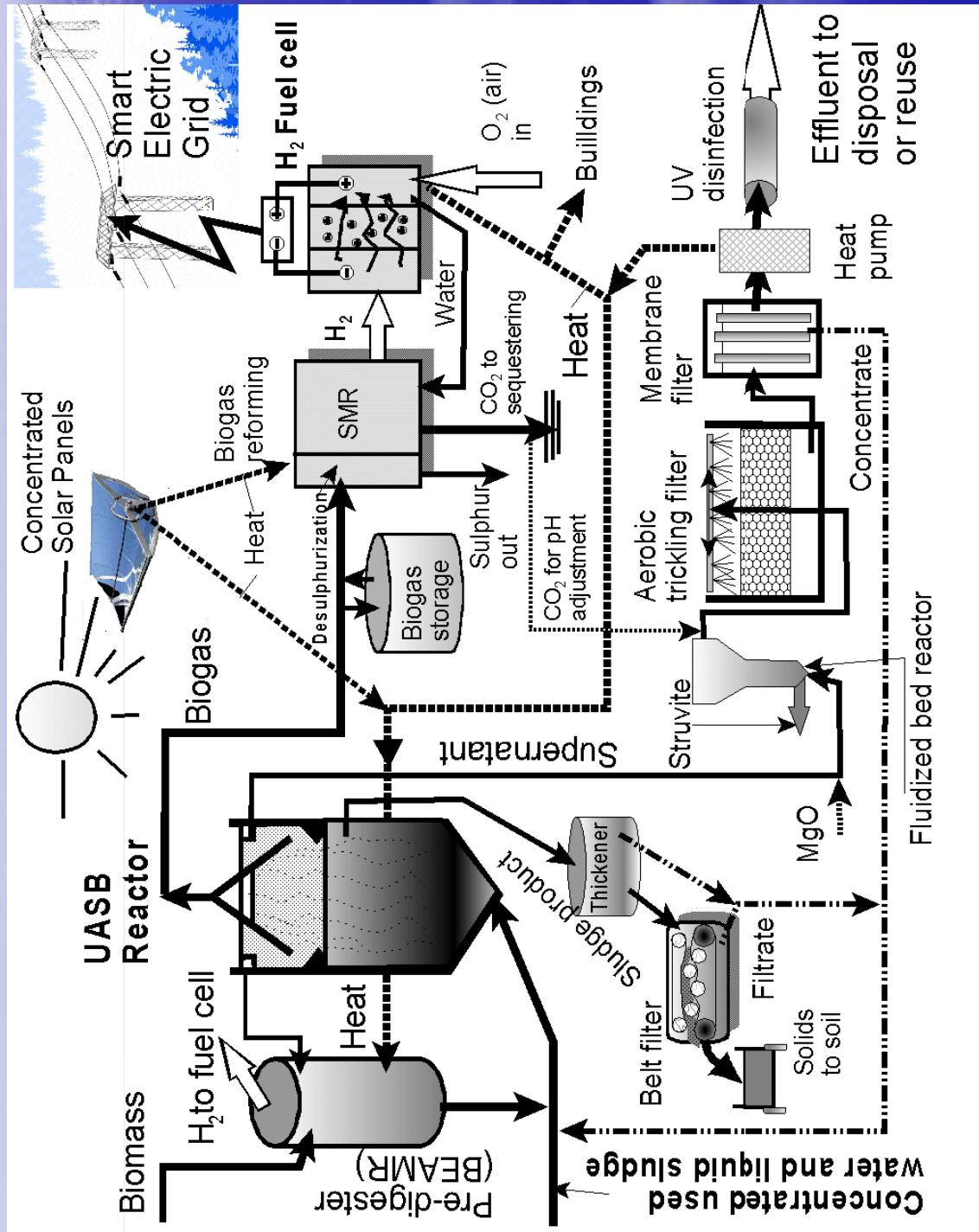
Converts biogas to  
electricity



# Integrated Resource Recovery Facility

**Recovers:**

- Water
- Electricity
- Heat
- Struvite (N+P)
- Organic solids
- Biogas
- Hydrogen
- SMR = steam methane reforming



# CONCLUSIONS ON ECOCITIES

- Ecocities are emerging and will be tested
- A complete change of the paradigm
  - Closed hydrologic cycle (reuse, recycle), surface drainage
- Zero or minimal carbon imprint
  - Energy recovery from wastewater
  - Distributed resource recovery, minimum sewers
  - Alternate energy sources
  - Carbon sequestering
- Terrific public transportation, walking and biking
- Alternate energy sources
- Stream restoration and protection of ecosystems
- Leisure and recreation
- Huge new infrastructure business potential

# Conclusions

- US has one of the highest per capita footprint
  - Low density urban centers
  - High automobile use
  - Great reliance on fossil fuel (primarily coal) power production
- Adopting and adapting the ecocity guidelines is Increasing significantly production from renewable carbon free sources
  - Water conservation is effective
  - Biogas conversion to electricity or hydrogen with carbon sequestering is effective
  - Wind turbines on each block
  - Large inclusion of solar power
  - Limiting automobile use, hybrids and electric plug-ins are very effective
  - Heat recovery from used water
  - More efficient appliances and heating (e.g., heat pumps)
- The goal of net zero carbon footprint is achievable by 2030 even in the US

# Worldwide Initiative – Cities of the Future

- Beginning in US - Wingspread Workshop -2006
- IWA Congresses Beijing 2006, Vienna 2008
- Singapore International Water Week Convention – CoF became the major IWA initiative- Steering Committee formed
- Beijing Conference – November 2009
- WEF/IWA Conference March 2010 – Boston
- Singapore International Water Week – June-July 2010
- IWA World Water Congress 2010 -Montreal
- IWAWEF Conference 2011 – Stockholm
- IWA Conference 2011 – Xi'an (China)
- WEF/IWA Conference 2012

All invited

# water centric SUSTAINABLE COMMUNITIES

planning, retrofitting, and building  
the next urban environment

VLADIMIR NOVOTNY JOHN AHERN PAUL BROWN



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